



# BRIGHTON STATE SCHOOL

## Newsletter

4 June 2009

### From the Principal Patrick McAuliffe

Hello Everyone

I have had a few enquires about the H1N1 flu. If we are unlucky enough to be caught with it, the Health Department will tell us what to do and for how long. We will contact you through all communication channels, print, phone and web.

Concerning infection control, we cannot provide anything that may cause an allergic reaction to a child (think peanuts!). Therefore wipes, creams and hand gels that contain potential irritants cannot be supplied by the school. You can provide them specifically for your child's use as you know what your child is sensitive to. Then we have to make sure that kids don't share them!

For more detailed information about seasonal influenza please visit [www.health.qld.gov.au/flu](http://www.health.qld.gov.au/flu).

The Crossing Supervisors have noted that kids are crossing Holmes Street at the corner. This is very dangerous as some drivers do take that corner too quickly. Make sure your kids cross on the designated crossing.

The lost property bin cannot hold much more! Please have a look next time you are at school and make sure that clothing is labelled.

The Building the Education Revolution (BER) is progressing. I am having talks with the John Blackley who is the architect appointed to manage the School Pride projects (new path to shed and classroom improvements). On Tuesday I will be meeting with the project managers for the BER (new library and new hall).



### **Poem written by Annika Walsh 3HP**

I wish ...

I wish I had a pet kitten

I wish I had some warm mittens

I wish I had some secret stairs

I wish I had no nightmares

I wish my chickens would never die

I wish I had never lied

I wish I could I hear the cows moo

I wish all my wishes would I come true





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### For your information....

- Foot Steps Dance Company visited BRIGHTON STATE SCHOOL today to give the children a free dance lesson.
- **Chocolate Drive** is due back before Friday 19<sup>th</sup> June. If you're having trouble selling your chocolates would you please return them ASAP so other families can take them. Thanks to all the families who have sold and returned their money already – well done! All boxes sold and money returned by 19<sup>th</sup> June will go into the draw for a bike!
- **STAR LAB PLANATARIUM** – has been postponed until next Tuesday 9<sup>th</sup> June 2009.
- **Literacy Training** - parents of Year 6/7 and Mrs Farley 4/5FJ – will be at Literacy training over the next few weeks. Year 6/7 teachers will be Thursday and Friday and Mrs Farley will be attending Tuesday & Wednesday.
- **Honours Music Camp** – from 22<sup>nd</sup> June
- **5, 6 & 7 Camp closing date is coming close!** All camp money must be in by 31<sup>st</sup> July.
- **Excursion cut off dates** – would parents please check the CUT OFF DATE on the permission notes and have your child's excursion money in by this date – this will avoid any stress and disappointment. Thankyou.
- Are your family contact phone numbers up to date?
- 16<sup>th</sup> July – **Naidoc celebrations**
- 11<sup>th</sup> August – **Under 8's Day**
- **Bookweek Dress-up parade** – Wednesday 2<sup>nd</sup> September
- **School Photos** – 10<sup>th</sup> September

**Uniform News** – Layby now available – 10% deposit – 8 weeks to pay – regular payments needed. Full stock in uniform shop – Winter jackets \$43 to \$45, Sports shirts \$47. **Sale** – RED POLO SHIRTS older style shirts (no name in collar) only \$11 – Limited Stock Size 14 & 18 only! Come and checkout the second hand stock - shorts, dresses and culottes. If you have secondhand uniforms you would like to sell please see Sonya on Friday mornings.

**PREP ENROLMENT MORNING** – **Wednesday 5<sup>th</sup> August 2009** – parents are welcome to fill in their Prep 2010 enrolment form now – see Judy or Jeanita at the Office for your forms.

**Instrumental Music Reminder** - There have been many weeks of disruptions to timetables due to testing, athletics and BOP, but we are now back to normal routine. Can all parents please help remind the children to pack their instruments and music for Tuesday Instrumental lesson.

**IMPORTANT INFORMATION – PLEASE READ** - HEAD LICE is around the school at the moment – parents please check your child's hair and treat if required. It would be worthwhile to make this a weekend job – checking your child's hair every week would help keep this problem under control.

**LOST PROPERTY - PARENTS ARE ASKED TO CHECK THE LOST PROPERTY BOX**

ALL UNCLAIMED LOST PROPERTY WILL BE DONATED TO LIFE LINE



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**'Performing Arts Concert'** will be held at our school hall on Thursday June 18<sup>th</sup> at 6.30pm and is expected to conclude by 7.30pm. **Families attending please bring a plate to share afterwards.**

The concert will feature children from – a) **senior choir, b) junior choir, c) Concert band, d) Yr 7 instrumental ensemble, e) soloists**

### **Kerry's Corner – Brighton Learning Support Teacher**

#### 12 Alternatives to Whacking your Child

We all know that children, at times, can drive you crazy. They may not listen. They are messy. They don't think before they act. They don't consider another's feelings. Unfortunately these factors are a part of childhood, and it takes a loving family to help them learn to be respectful, responsible, tolerant, caring, loving and self-controlled. At times when everyday problems pile up our tolerance as parents may not be as strong. Often our ability to control ourselves will be tested. We may be easily angered but the message here is: **DON'T TAKE IT OUT ON YOUR CHILD or CHILDREN or PARTNER.**

It's a matter of mustering your self-control (we all have it). Think of the benefits.

**If you show self-control, your child knows what it looks like and can copy it.**

Here are some alternatives:

- Stop in your tracks. Step back. Sit down. Talk yourself back to calm.
- Take 5 deep breaths. Inhale. Exhale. Slowly. Slowly
- Count to 10. Better yet, 20 or say the alphabet out loud or backwards
- Phone a friend, or a relative. Even the weather number.
- Still mad? Punch a pillow, a punching bag or munch an apple.
- Thumb through a magazine, newspaper, photo album, work manual.
- Do some sit-ups, kick a ball, jog on the spot
- Pick up a pencil and write down your thoughts/ feelings/ frustrations
- Take a shower, or better still, a bath
- Lie down on the floor listening to your favourite music
- Talk to your pet – they are good listeners and non-judgemental
- Go to your shed (if you have one) otherwise do that gardening/ mowing you need to do

By now hopefully you are feeling calm. It's time to deal with the issue in a calm, peaceful, rational way. You can do it. It's all a matter of choice.

Adapted from: Qld Centre for Prevention of Child Abuse Information Sheet

#### **Community News**

**Wanted** – toddler style cars, boy's toys – happy to pay – please phone Sacha 3269 9106 or leave your name with Judy at the office.

**Kids Holiday Club** - "Son World Adventure Park" is on this Winter Holidays. Come along to Bracken Ridge Baptist Church from 9am till 3pm on Tuesday June 30, Wednesday July 1 and Thursday July 2. All children from Prep to Year 7 are welcome. There'll be games, drama, songs, sports, electives, the famous Physical Challenge and even a Jumping Castle!

Cost: \$10 per day or \$25 for all three days. Prices include morning tea. For all enquiries ring 3261 5045.